## Havasupai Packing List:

Backpack

Backpacking tent or hammock (mosquito net if bringing hammock)

Rain fly

Lightweight sleeping bag

Lightweight sleeping pad

Emergency blanket or down blanket (if colder temps)

Backpacking stove/propane

Cooking pot

Matches or lighter

Eating utensil(s)

Lightweight mug

Water bottles

Collapsible water storage

Water filter

Headlamp/extra batteries

Ruggedized dry bag or rat sack (for food)

Odor-free garbage bags

Paracord or rope

Multi-tool or pocket knife

First aid kit (to include Tylenol, moleskin, band-aides)

Microfiber towel

Stuff sack for clothes

Sunscreen/bug repellent

TP/biodegradable wipes

Flotation tubes for swimming

Trekking poles

Camera gear/extra batteries

Solar charger (for batteries)

Permits/cash (for emergencies, food, etc)

Food/snacks:

- Dehydrated meals
- Oatmeal packets
- Hot cocoa (if colder temps)
- Energy or protein bars
- Tuna packets
- Crackers
- Beef jerky
- Trail mix
- Dried fruit or fruit leathers
- Candy (Sour Patch Kids, gummy bears, Jolly Ranchers, etc)

• Nuun hydration tablets and/or Zip Fizz

## Clothing:

- Quick-dry pants/shorts (preferably ones that zip off so you have the option of both)
- 2 dry-fit shirts or tanks (one to wear, one to pack)
- Lightweight down jacket or fleece
- Thermals/base layers (for sleeping in during colder months)
- Swimsuit
- 2 prs of underwear
- 2 or 3 prs of wool socks
- Hiking boots or trail running shoes
- Water sandals or shoes
- Hat/beanie (for colder weather)
- Gloves (for colder weather)